

Day of Beauty Packages

THE SUNRISE

- I. Salt glow
- II. Swedish massage
1 1/2hrs Kshs 6,000

THE SUNSET

- I. Cucumber Body Polish
- II. Aromatherapy Massage
2hrs Kshs 7,500

THE SEA

- I. Kelp and Aloe Wrap
- II. Aromatherapy massage
2hrs Kshs 7,000

THE MOON GLOW

- I. Swedish Massage
- II. Clay Herbal Facial
2Hrs Kshs 6,000

THE UNIVERSE

- I. Body treatment of your choice
- II. Aromatherapy massage
- III. Clay herbal facial
3Hrs Kshs 9,000

GENTLEMAN'S ESCAPE

- I. Salt Glow
- II. Clay Herbal Facial
- III. Deep Tissue / Aromatherapy
- IV. Scalp Massage
2 1/2Hrs Kshs 9,000

CHOCOHOLIC RAPTURE

- I. Chocolate scrub /chocolate body polish
- II. Chocolate Butter Massage
- III. Chocolate Facial
3hrs Kshs 10,000

MANGO ESCAPE

- I. Mango Scrub/Mango Body Polish
- II. Mango Massage
- III. Mango Facial
3hrs. Kshs 10,000

THE MOTHER EARTH

- I. Mud wrap
- II. Aromatherapy massage
2hrs Kshs 7,000

COCONUT ESCAPE

- I. Coconut Facial
- II. Coconut Scrub
- III. Coconut Massage
3Hrs Kshs 10,000

Massage Treatments

Swedish massage **60min Kshs 3,500**
90min Kshs 4,800

This is a popular European system of massage which uses long strokes, kneading and friction techniques on muscles combined with active and passive movements of joints to relax the whole body.

Deep Tissue Massage **60min Kshs 4,000**
90min Kshs 5,200

This is a massage technique that focuses on the deeper layer of the muscle tissue to ease tension in the body with the use of slow strokes and deep finger pressure.

Sports Massage **60min Kshs 4,200**
90min Kshs 5,400

This massage focuses on the muscle systems relevant to a particular sport. It combines different massage techniques to enhance sports performance and recuperation.

Aromatherapy Massage **60min Kshs 4,000**
90min Kshs 5,200

This is a massage that combines the therapeutic properties of essential oils with specific massage techniques. The oils are absorbed through the skin and by inhalation which relaxes both the body and mind.

Couple's Massage **60 or 90min DOUBLE PRICE**

You and the person of your choice receive a massage in the same room at the same time.

Reflexology Massage **30min Kshs 2,800**

This therapy is performed by using thumb and finger pressure on the reflex points of the feet which corresponds to all areas of the body.

Hot Stone Massage **45min Kshs 3,500**
60min Kshs 4,500
90min Kshs 6,000

A unique therapy which incorporates heated stones into the massage treatment. Penetrating heat softens the muscles, allowing deeper release of muscle tension. Intensely relaxing!

Back And Neck Massage **30min Kshs 2,600**

This massage helps relieve tension from the shoulder blades and neck, as well as relaxing the tightened muscles that support the spine.

Legs Massage **30min Kshs 2,600**

This massage helps to stimulate blood circulation, relax tight muscles and promotes greater flexibility and movements.

Head Massage **15min Kshs 1,500**

This therapy releases anxiety, tiredness and depression. It's also good for blood circulation and improves sleep.

Four Handed Massage **60 or 90min DOUBLE PRICE**

Get twice the massage in the same amount of time with two therapists. A journey for the senses. Absolutely Amazing.

Outdoor Chair Massage **10 mins Kshs 1000**
15 mins Kshs 1,500
20 mins Kshs 2,000

Client sits in a specially designed massage chair which aligns the body in a position to receive a back, neck and shoulder massage while fully dressed.

Facials

Clay Herbal Facial **60min Kshs 3,500**
This facial uses the natural properties of herbs and minerals.

It provides a thorough cleansing along with sufficient exfoliation and clay mask followed by a light moisturizer to soften the skin.

Mango Facial **60min Kshs 3,800**

Indulge your face in a refreshing mango facial. The mango contains many healthy ingredients that include fruit acids and an abundance of antioxidants for healthy glowing complexion.

Chocolate Thermal Facial **60min Kshs 3,800**

A delicious treatment that will leave your skin feeling soft, hydrated and youthful. The scent of chocolate triggers the release of chemicals in the brain leaving your mind totally relaxed. The heat derived from the chocolate thermal facial mask increases penetration of active anti-aging ingredients.

Burt's Bees Facial **60min Kshs 4,000**

The Burt's bees facial features a natural product line with ingredients that nurture your skin with wholesome nutrients that will leave your face with a healthy glow.

Coconut Facial **60min Kshs 4,000**

An excellent treat for your face. Our gentle cleanser will restore your skin's natural balance, the exfoliation will unclog pores, and leave your face feeling refreshed and thoroughly hydrated with our moisturizer.

Body Treatments

Salt Glow **40min Kshs 3,000**

This treatment involves scrubbing the body with a mixture of sea salt and essential oils which will exfoliate the skin and prepare it for treatment. It is excellent for anyone with dry skin or those wanting full body exfoliation.



40min Kshs 3,500

Mango Scrub
Our invigorating mango scrub delivers vital anti-aging benefits and erases surface impurities leaving your skin velvety smooth and thoroughly moisturized.



40mins Kshs 3,500

Coconut Scrub
Our signature sea salt based scrub stimulates and exfoliates skin, improving the texture and prepares skin for improved hydration.

Chocolate Scrub **40min Kshs 3,500**

Indulge your senses as your body is buffed leaving your skin smooth and hydrated.

Kelp & Aloe Wrap **60min Kshs 4,000**

The body is wrapped with Aloe Vera and kelp. Kelp has a toning effect to the skin as well as being high in mineral content and aloe nourishes, moisturizes and protects the skin.

Mud Wrap **60min Kshs 4,000**

The body is covered with our rich mineral mud from the Dead Sea which is high in mineral content. While you relax, your body is sprayed with Rose water to keep your skin hydrated and wrapped in sheets allowing the mud to work its magic. This treatment will help detoxify and tone the skin as well as relax tense muscles.

Sunburn Treatment 45min Kshs 4,000
 Designed to soothe, protect and repair. Your body is covered with our rich Aloe Vera Gel followed by a sun soother cream leaving you feeling wonderfully revitalized.

Body Polishes
Cucumber Body Polishes 60min Kshs 4,500
 The body and feet are dry brushed to stimulate the skin, to keep you hydrated, your body is sprayed with rose water and will follow with a nourishing a scrub of Aloe Vera and cucumber with jojoba beads. You are then wrapped in sheets to allow your body temperature to rise. This treatment moisturizes, exfoliates and tones. It is excellent for those with sensitive, dry or sun damaged skin.

Chocolate Body Polish 60min Kshs 4,500
 The ultimate treat for both body and mind. Imagine yourself totally wrapped in a fat free chocolate that leaves your skin smooth and hydrated.

Mango Body Polish 60min Kshs 4,500
 Drift off to the heavenly aroma of mango and wake up to a healthier glowing skin. The richly textured exfoliant polishes rough areas revealing softer, smoother skin underneath.

Nail Care
 Mini manicure 30min Kshs 1,500
 Mini pedicure 45min Kshs 2,000

New

Gelish Polishes - Swim and enjoy the Sea without having to worry about chipping your nails.

Finger nails -Kshs 1,500
 Toe Nails -Kshs 2,000
 Both Finger&Toe Nails -Kshs 3,000

The Ultimate Spa Manicure 50min Kshs 2,500
 This deeply relaxing nourishing manicure leaves hands soft silky smooth. It involves expert nail shaping, cuticle attention using our Aloe Vera base cuticle remover to prevent over drying of skin and nails. A citrus exfoliation restores skins natural luster and delivers anti-aging nutrients, followed by a luxurious hand and arm massage and concludes with polish application

The Ultimate Spa Pedicure 60min Kshs 3,500
 A blissful vacation for over stressed feet. Our sea weed soak

relaxes your feet followed by a rich mineral and sea salt exfoliant with natural beach sand and a nourishing mask. Our ultra soothing massage techniques increase circulation leaving your feet feeling wonderfully revived. The foot buffing, nail grooming and polish concludes the pedicure.

French manicure/pedicure - additional Kshs 500
 Nail art - additional kshs 600
 Full acrylic sets - 90min Kshs 5,000
 Re fills - 30min Kshs 2,500
 Removing artificial nails - 30min Kshs 1,500
 Gentleman's mani/pedi - 90min Kshs 3,500
 Spa manicure & pedicure - 2hrs Kshs 5,000

Quick Polish Change
 Short on time? Freshen up tired – looking nails with the expertly applied color of your choice.

❖ Finger nails - 15min Kshs 400
 ❖ Toe nails - 15min Kshs 500
 ❖ Both finger and toe nails - 25min Kshs 800
 ❖ French finger nails polish - 15min Kshs 500
 ❖ French toe nails polish - 15min Kshs 600
 ❖ Both finger and toe nails (French) - 25min Kshs 1,000

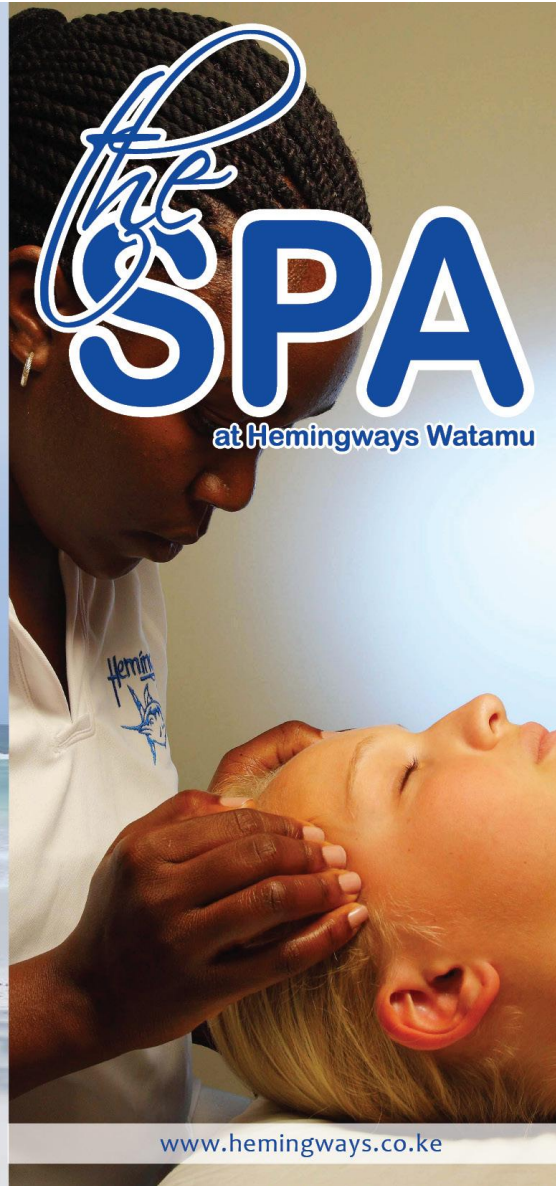
Waxing

❖ Full Leg Waxing - Kshs 2,000
 ❖ Half Leg Waxing - Kshs 1,200
 ❖ Back Waxing - Kshs 4,000
 ❖ Chest Waxing - Kshs 3,500
 ❖ Half Bikini Waxing - Kshs 1,500
 ❖ Full Bikini waxing - Kshs 3,000
 ❖ Underarm Waxing - Kshs 1,000
 ❖ Upper Lip Waxing - Kshs 800
 ❖ Eye Brow Shape - Kshs 500

NOTE:

- Please arrive 10 minutes before your scheduled time.
- Kindly be advised that arriving late for your scheduled service will inconvenience other guests, thus may require the therapist to shorten the time of your treatment with full charges being applied. We regret it is not possible that late arrival receive an extension of scheduled appointments.
- Appointments require 4 hours notice prior to cancellation or a fee will be charged.

GIFT VOUCHERS AVAILABLE



www.hemingways.co.ke



*It's the perfect resort experience.
 Ultimate bliss!!!*

Same day appointments available
 Visit the Spa or call extension 2224
 Monday-Saturday (10am – 6pm)
 Sunday (12pm – 6pm)
 Earlier or later bookings available upon request.

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